

**RUSSELL ATHLETIC AND ACADEMY SPORTS & OUTDOORS  
PRESENT THE:**

## **TEXAS LINEMAN CHALLENGE**

### **2009 STATE CHAMPIONSHIP**

**HOSTED BY: TEXAS LINEMAN CHALLENGE**      **DATE: JULY 8<sup>TH</sup>.**

**LOCATION: DUNCANVILLE PANTHER STADIUM**

**ADDRESS: 800 MIDDLE RD. DUNCANVILLE, TX 75116**

**ENTRY FEE: \$25 PER ATHLETE (T-SHIRT IS INCLUDED WITH ENTRY FEE)**

**ADMISSION: FREE      PARKING: \$5 (TEAMS WILL RECEIVE 2 FREE-PARKING PASSES. INDIVIDUAL COMPETITORS WILL RECEIVE 1.)**

**ENTRY DEADLINE: WEDNESDAY, JULY 1<sup>ST</sup>**

**DIRECTOR: CURT ST. ROMAIN      PHONE: 817-629-3954      FAX: 214-484-1176**

**E-MAIL: CURT@TEXASLINEMANCHALLENGE.COM**

THIS EVENT IS ONLY FOR TEAMS AND INDIVIDUALS WHO HAVE QUALIFIED. PLEASE CHECK [WWW.TEXASLINEMANCHALLENGE.COM](http://WWW.TEXASLINEMANCHALLENGE.COM) TO SEE A CURRENT LIST OF QUALIFIERS.

#### **COMPETITION SCHEDULE**

**EARLY CHECK-IN: TUESDAY, JULY 7<sup>TH</sup> 5:30-7:00 PM AT DUNCANVILLE STADIUM**

**COMPETITION DAY: JULY 8<sup>TH</sup>**

#### **ALL DIVISIONS**

**2:00 TO 3:30 PM: CHECK-IN**

**3:30 PM: COACHES MEETING**

**4:00 PM: COMPETITION BEGINS**

AWARDS WILL BE GIVEN AT THE COMPLETION OF THE COMPETITION. INDIVIDUAL QUALIFIERS WILL COMPETE WITH THE TEAM COMPETITION.

## CONTESTED EVENTS

BENCH PRESS

TIRE FLIP

TRUCK PUSH

HAND-OVER-HAND SLED PULL

SLED DRAG

FARMERS WALK

MEDICINE BALL THROW

SAND BAG LOAD

EVENT RULES CAN BE FOUND ON THE HOME PAGE OF THE WEB SITE

## AWARDS

1<sup>ST</sup>-3<sup>RD</sup> PLACE TEAM BY CLASSIFICATION

1<sup>ST</sup> PLACE MEDALS FOR INDIVIDUAL EVENTS

1<sup>ST</sup>-3<sup>RD</sup> PLACE MEDALS FOR OVERALL INDIVIDUAL COMPETITION

